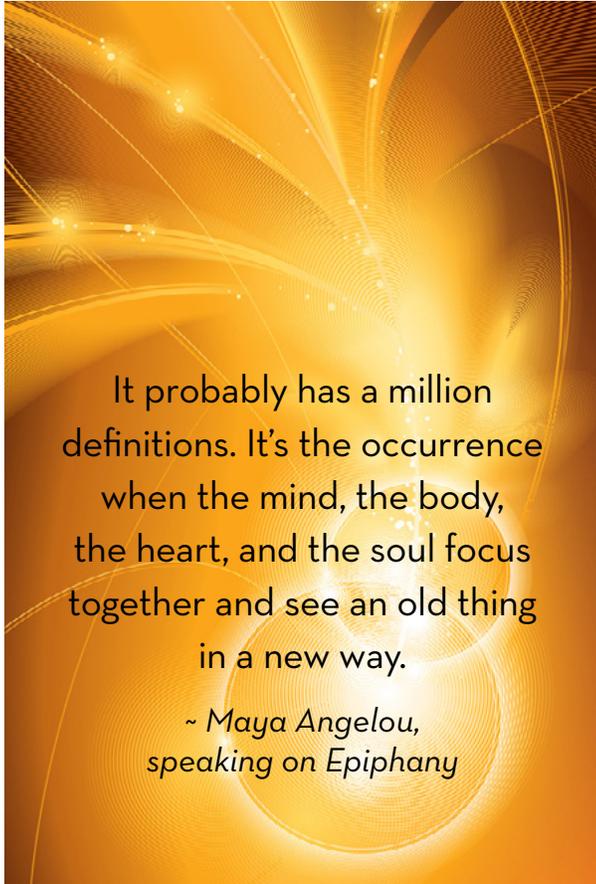


SPONSORED BY THE INSTITUTE FOR EARTH REGENERATIVE STUDIES

Exploring Epiphany through Poetry & Poem-Making

OCTOBER 5-7 | PORTLAND, OR

with John Fox, poet and certified poetry therapist



It probably has a million definitions. It's the occurrence when the mind, the body, the heart, and the soul focus together and see an old thing in a new way.

~ Maya Angelou,
speaking on Epiphany

MILKWEED

While I stood here, in the open, lost in myself,
I must have looked a long time
Down the corn rows, beyond grass,
The small house,
White walls, animals lumbering toward the barn.
I look down now. It is all changed.
Whatever it was I lost, whatever I wept for
Was wild, a gentle thing, the small dark eyes
Loving me in secret.
It is here. At the touch of my hand,
The air fills with delicate creatures
From the other world.

James Wright

This moment of *surprising yourself* with your own words or of being surprised by the poems of others is at the heart of poetry as epiphany. This experience of creative insight helps you to recognize in yourself a deeper, more resonant voice, that has been discouraged, hidden away, perhaps is yet to be discovered or rediscovered!

Please join us as we explore the breadth and depth of “epiphany” which comes from the Greek “epiphaneia,” meaning “appearance” or “manifestation.” It refers to revelations given by the gods.

Questions that are part of our exploration: Could letting go of self-judgment deepen my practice of listening to what Spirit wants me to discover? Am I open to beauty in all of its manifestations?

Public Talk & Mini-Workshop

Friday, October 5

7:00-9:30pm

Friends Meeting House, 4312 SE Stark St.

Weekend Retreat

Saturday, October 6

10:00am-5:00pm

Sunday, October 7

9:30am-12:30pm

Peg Edera's Summerlin House

Talk/Retreat: \$220 Talk only: \$25

Click [HERE](#) to register online.

For more information:

Marna Hauk at
earthregenerative@gmail.com
or (503) 771-0711

A portion of proceeds from Friday Talk will be tithed to *Write Around Portland*.
3 partial scholarships; apply by Aug. 1. Contact Marna for more info
Talk open to all. Retreat limited to 16.